



# Frisbee

Throwing a frisbee is a great way to have fun with friends outside. Did you know that you can also make a frisbee into a bird feeder? All you need is:

## How does a frisbee fly?

As frisbees fly from one pair of hands to another, they use a force called **lift** to stay in the air. Lift is the same force that airplane wings use to fly. Lift is created when the air traveling over the top of the frisbee is faster than the air below it. The air below is called drag. A frisbee will stay in the air until gravity overcomes lift and drags the frisbee down to the ground.

- screw eyelets
- rope or string
- screwdriver

1. Flip over the frisbee so it looks like a shallow bowl.
2. Use a screwdriver or another sharp object to poke 4 holes in the four sides of the disk, directly across from each other.
3. Screw the eyelet screws through the holes so that the loop of the screw is on the outside of the frisbee.
4. Take one long piece of rope or string and feed it down through one of the screw loops. Pull it under the frisbee and back up through the screw loop directly across from the first. Tie the two ends of the rope/string together with a double knot.
5. Do the same thing with another piece of rope/string on the other two screws.
6. Fill the frisbee with seeds.
7. Find a tree branch to hang up your new bird feeder!

**“Draw near to God, and he will draw near to you.”** James 4:8

Throwing and catching a frisbee is easy when there’s no wind. But when gust of wind hits, it might carry the frisbee far away. People throwing a frisbee on a windy day will need to move closer together! Sometimes we might feel like a gust of wind is blowing our life off course. When we’re facing difficult situations, how can we stay in contact with God? We need to move closer to him!