

Prayer with M&Ms



INSTRUCTIONS

Reach into the container and take an M&M at random. Pray according to the colors.

For each GREEN M&M: thank God for one gift or one good thing in your life (Family, Love, Health, enough etc.)

For each BLUE M&M: pray for a friend or neighbor who needs help or who needs to know Jesus.

For each RED M&M: pray for someone you love.

For each YELLOW M&M: pray for our leaders or those God has put in charge of something (Church, School, Government)

For each ORANGE M&M: pray for someone who is sick or hurt and needs healing. For each BROWN M&M: Pray for yourself. Tell God something you are sorry for, something that's worrying you or something you need help with.

You can eat the M&M after you have prayed!